

Wherefore, I/we claim:

1. A cool air inhaler, comprising:

a body having at least one side wall and a bottom wall forming an enclosed space open at an upper portion of the body,

the upper portion of the body being adapted to generally conform to contours of a lower part of a patient face,

an air chamber formed in an upper part of the body and having an exhaust vent for exhausting the patient's exhaled air to an exterior space,

an ice reservoir formed in a lower part of the body to contain ice and meltwater from the ice, and

an air passage connected from the exterior space and passing through the ice reservoir to conduct air to the air chamber, wherein

intake air is drawn from the exterior space and through the air passage into the chamber when the patient inhales air from the chamber such that the intake air in the air chamber is cooled and moistened by the ice in the ice reservoir, so that the patient inhales cool, moistened air from the air chamber, and

exhaust air exhaled by the patient is vented from the air chamber through the exhaust vent.

2. The cool air inhaler of claim 1, wherein the air passage further comprises:

a one way intake valve formed of a self-hinged membrane of resilient material.

3. The cool air inhaler of claim 1, wherein the exhaust valve comprises:  
a self-hinged membrane of resilient material.

4. The cool air inhaler of claim 1, wherein the air passage comprises:  
an air intake tube having an intake opening in the bottom wall of the body and having an output above the ice reservoir and into the air chamber through the intake valve.